

Numeracy: Measuring – Teaching video on Seesaw

Use the topmarks game to measure using a ruler.

<https://www.topmarks.co.uk/maths-games/measuring-in-cm>

Then complete the tasks.

Measuring length using a ruler
Maths worksheets from urbrainy.com

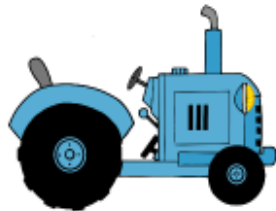


1. How long is the key?



The key is cm long.

2. How long is the toy tractor?



The toy tractor is cm long.

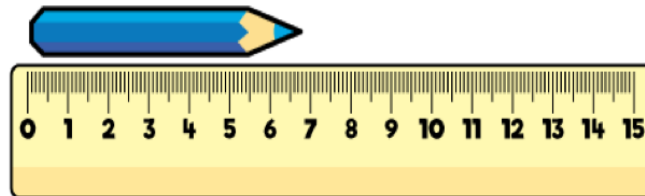
3. Which is longer, the key or the toy tractor?

The is longer.

Choose a variety of objects and practice measuring them using a centimetre ruler.

Remember to line up the object to the 0 mark on the ruler.

e.g. How long is the pencil to the nearest centimetre?



How tall is the glass?

What other objects can you find to measure the height of?



Draw a line that is:

- 5 cm long
- 8 cm long
- Longer than 4 cm but shorter than 7 cm.

Numeracy Ninja – This is on a separate document and it is some extra maths questions, complete 20 questions each day (day 3).

Health and Wellbeing:

PE with Joe Wicks

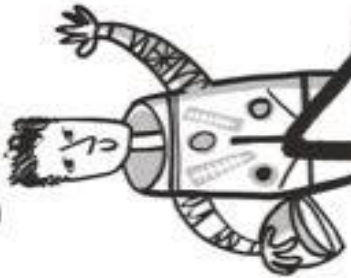
Kick-start the new year with one of Joe Wicks PE at home sessions. Follow the link below

<https://www.youtube.com/user/thebodycoach1>

Space: Tim Peake

Watch the clip about Tim Peake in Space, then complete the astronaut workout task!

<https://www.youtube.com/watch?v=mRuBvf-Qrno>



3. BALANCE!
Astronauts need good balance. How long can you balance on one leg? If you find this easy, try closing your eyes and blocking your ears!

LEFT LEG: _____
RIGHT LEG: _____

4. STRETCH!
Your body will grow in space! How high can you reach with your hands right above your head?
RESULT: _____ cm

5. BREATHE!
You need to have a calm mind to make sure you can deal with any situation in space. Breathe in and out slowly for one minute. Are you relaxed and ready to fly?
 Yes, let's fly!
 No, try again!

ASTRONAUT WORKOUT

This energetic workout will get you ready for space! Complete each exercise and record your results.

Can you think of other exercises that might help you prepare for space? Create your own workout and try it with your friends!

1. JUMP FOR THE MOON!
How many jumps can you do in 30 seconds?
RESULT: _____

2. FLOAT!
You need to get used to floating in space. Lie on your tummy and stretch out like an aeroplane. Can you hold this for 30 seconds?
 Yes No

