

P5a Home Learning

Friday 19th February 2021

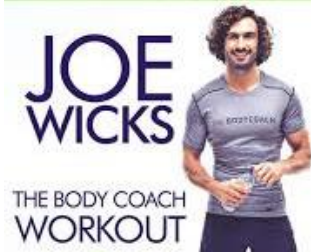
Happy Friday, P5a!

Health and Wellbeing:

Friday fitness with Joe Wicks live on his YouTube channel
9.00am - 9.20am. Enjoy!

Follow the link:

<https://www.youtube.com/channel/UCAxWIXTOiEJoOTYIRfn6rYQ>



“More Children, More Active, More Often”
John Kynaston

Literacy: Spelling – Revise weekly common words. **SACAWAC.**

Spelling Strategy: Spelling Bees.

Draw and colour an outdoor picture. Draw 10 bees on your picture and place your spelling words in each bee!



L1: I am learning about setting.

Please listen to my direct teaching point on Seesaw and then complete the following work:

Setting the scene...

1. Do you recognise any of the three fictional places below? Can you name them?
2. What do the settings have in common?
3. What is different about the settings?
4. Which one do you prefer? Why?
5. Have a go at writing a brief description of your favourite setting! Remember your 5 senses! -

Remember:

- *There are two wow adjectives word banks on Seesaw!
- *Look at the setting descriptions from yesterday!



Numeracy: Play Top Marks Hit the Button.

Choose an activity or activities of your choice!

Follow link: <https://www.topmarks.co.uk/maths-games/hit-the-button>





Sumdog: Please go on and take part in our Sumdog competition!

LI: I am learning to double and half numbers.

Please listen to my direct teaching point on Seesaw and complete the following work:

There is a hidden answer. 3 questions are the questions. There is 1 imposter who has the incorrect question. Can you find the imposter?

WHO IS THE IMPOSTER?

 Half of 60	 Double 15
 10×3	 $10 + 15$

LI: I am learning to add and subtract decimals.

1. Work out:

- a) $0.4 + 0.1 =$
- b) $0.8 + 0.4 =$
- c) $0.6 + 0.2 =$
- d) $0.8 + 0.5 =$
- e) $0.6 + 0.9 =$

2. Work out:

- a) $0.48 + 0.99 =$
- b) $0.54 + 0.74 =$
- c) $0.96 + 0.7 =$
- d) $0.77 + 0.2 =$
- e) $0.89 + 0.79 =$

3. Work out:

- a) $5.14 + 26.3 =$
- b) $6.91 + 63.9 =$
- c) $1.76 + 37.7 =$
- d) $3.25 + 30.9 =$
- e) $6.58 + 43.7 =$

4. Work out:

- a) $0.59 - 0.14 =$
- b) $0.88 - 0.34 =$
- c) $0.82 - 0.33 =$
- d) $0.96 - 0.25 =$
- e) $0.86 - 0.16 =$

5. Work out:

- a) $4.2 - 1.26 =$
- b) $41.8 - 2.78 =$
- c) $72.2 - 4.95 =$
- d) $86.7 - 9.67 =$
- e) $62.9 - 8.79 =$

Adding & Subtracting Decimals

Steps:

1. Stack your decimals.
2. Put placeholders (zeroes) in empty spaces, if needed.
3. Drop your decimal point.
4. Add or Subtract

$$\begin{array}{r} 34.567 \\ + 65.371 \\ \hline 99.938 \end{array}$$

Health and Wellbeing:

LI: I am learning to cope with change.

5 main strategies to cope with the changes of COVID-19 are:

CONNECT
GIVE
TAKE NOTICE
BE ACTIVE
KEEP LEARNING

Lesson 4: **BE ACTIVE**

Create a mind map and name different ways you can be active!

Participate in one or all activities below to help you stay active!

Please upload videos on Seesaw 📺.

*Dance:

1. Can you create a dance sequence for 32 counts? (You could choose for example, ballet, jazz, hip hop, freestyle, tap).

2. Can you learn the latest TikTok trends?



Show off your routines and upload them to Seesaw!

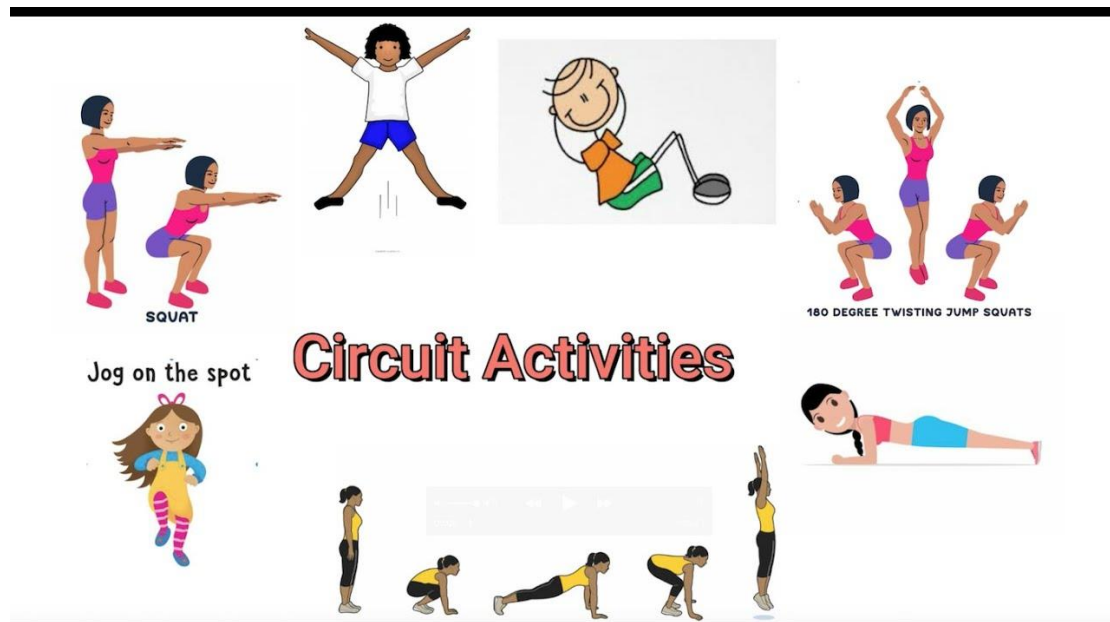
***Ball skills:**

Can you come up with 5 skills you could practise with a ball?
(You could choose for example, throwing, catching, kicking, bouncing, turning, passing ball through legs, keepy-ups).



***Fitness**

Can you create your own keep-fit circuit? Think of at least 10 exercises and put them together to form your routine!
(You could choose for example, star jumps, push ups, sit ups, the plank, wall sit, tricep dips, burpees, mountain climbers, sprints).



Activity: Spell your FULL name to create your unique exercise:



Workout for beginners

what's your name?

SPELL OUT YOUR FULL NAME AND COMPLETE THE EXERCISE LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A DIFFERENT HISTORICAL PERSON'S NAME OR A FAMILY MEMBER'S NAME EACH TIME.

A 10 jumping jacks

N 10 second jump rope

B 5 push-ups

O 10 russian twists

C 1 burpee

P 5 plie squats

D 20 high knees

Q 10 arm circles

E 5 crunches

R 10 skaters

F 10 mountain climbers

S 10 second jog in place

G 5 squats

T 10 butt kickers

H 10 front lunges

U 5 inchworms

I 10 side lunges

V 5 tricep dips

J 10 second wall sit

W 3 star jumps

K 5 calf raises

X 5 bird dogs

L 5 second plank

Y 10 leg raises

M 3 squat jumps

Z 5 squat jacks

WHY SHOULD I EXERCISE?

**MY STAMINA
IS
INCREASED**



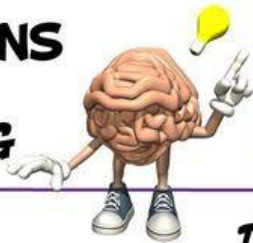
**I SLEEP
BETTER**



**It makes me feel
Fit and Healthy**



**IT SHARPENS
MY
THINKING**



**MY BODY GETS
LEANER**



**IT GIVES
ME MORE ENERGY**

**MY MUSCLES AND BONES
GET STRONGER**



**IT HELPS
ME TO
RELAX**



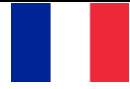
**IT RELIEVES
STRESS
IN MY LIFE**



MY HEART BECOMES MORE EFFICIENT



French Fridays



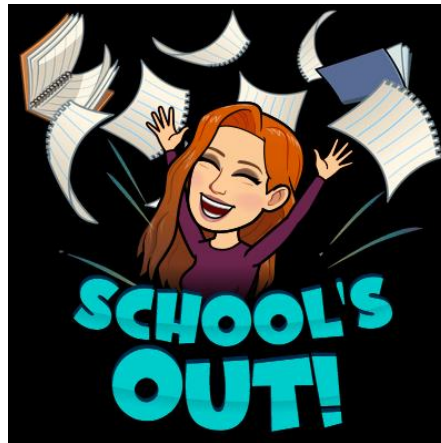
Bonjour, primaire cinq.

Lingobox Learning are offering a live French session at 11am.
Please write down what you learn in your jotters!

Follow this link:

<https://www.youtube.com/channel/UCO4YR8hhRveNhvZrz9xptDQ>

s'amuser, primaire cinq!



Have a great weekend, P5a!



