P7 Home Learning
Wednesday3rd March

Health and Wellbeing

Please complete the daily emoji check in on Seesaw.

Take some time today to reflect, it is so important to talk about your feelings. Complete the questions below and send your answers back to me on Seesaw.

REFLECTION AND MINDFULNESS

CONNECT

Take a moment to chat with someone in your household about how their day is going. Who did you connect with, how did they feel, and what did they say?

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FEELING HAPPY AND RELAXED

Is there something or someone that makes you feel happy? What or who is it, and can you think of the reasons why they make you happy?

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TAKE NOTICE

Try to go out for your daily walk* with your family and take time to have a look around and talk about what you see on your walk. What did you see?

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GLOW AND GROW

Name one thing that you are proud to have achieved and one thing you would like to continue to improve?
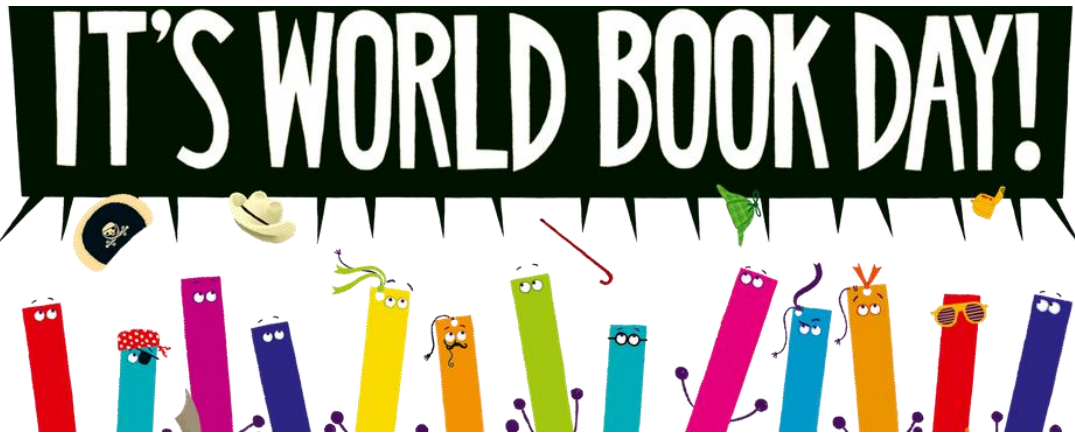
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KEEP LEARNING

Think about a new book that you have read or a new skill that you have learnt from playing the Joy of Moving Winter Games. Write your thoughts below.

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HELP OTHERS

Helping others in your household with their tasks is a kind thing to do and can make you feel good too - why not try it! Who did you help, and what did you do?

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Literacy – Happy World Book Day (tomorrow… but we are doing it today as we have Transitions meetings with Rosshall tomorrow)

Task 1

Copy and paste the link to hear Kirsten Bell read you the story, Quackenstein Hatches a Family by Sudipta Bardhan-Quallen.
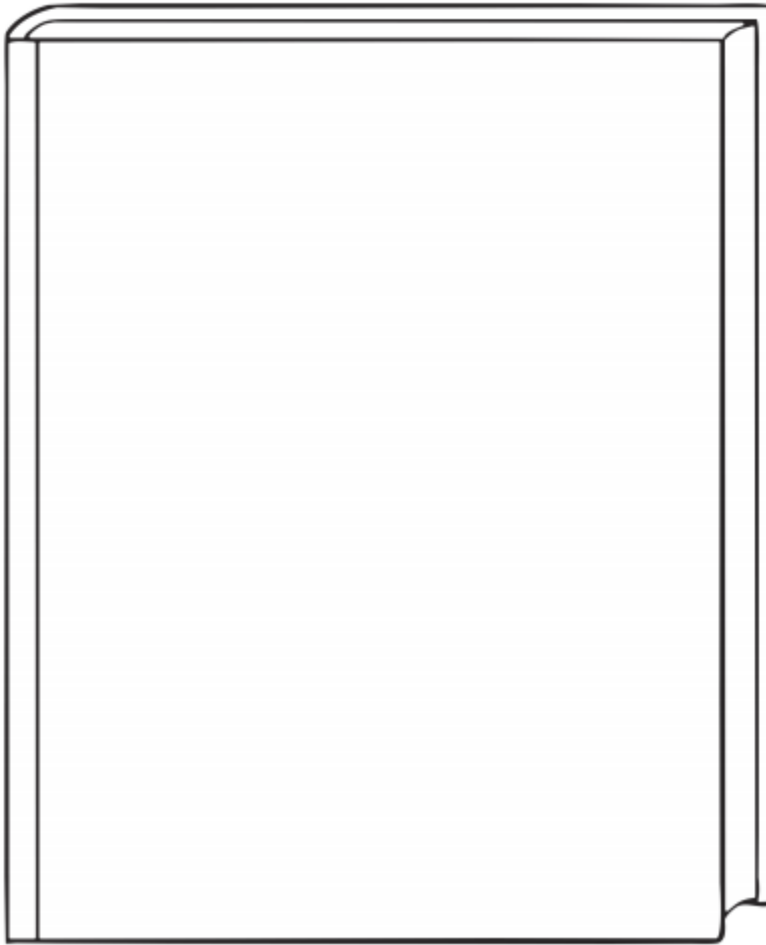
https://www.youtube.com/watch?v=xoiS5ZFtqVg

Task 2

Art – Design a new book cover for your favourite book. You will find the template on Seesaw or you can draw it on a piece of paper at home and send me a photograph of it on Seesaw. Remember to fill the page and make it bright and colourful, with the title, author, and illustrator on the from cover. If you do not have a favourite book, you could Google, children's books on your iPad and it will give you lots of exciting examples.

Book Cover Design

Design a new cover for your favourite book.

Task 3 - Template on Seesaw

To link with our writing theme this term, I would like you to write about the setting in your favourite book, adding the title and author of the book at the top of the page. Think about where it is, what can you see, hear, feel, what is the weather like, and when is it set? Remember to add adjectives and I would be impressed if you could add a simile and an example of personification to create atmosphere.

Numeracy

Numeracy Ninja - In your home learning jotter answers the following questions. Answers at 2:00pm.

NINJA SKILL FOCUS

Adding Multiples Of 10 To A Number
Mental Strategies

Complete the daily exercises to focus on improving this skill.

Day 1				Day 2		
Q	Question	Answer		Q	Question	Answer
1	130 + 181			1	40 + 101	
2	100 + 143			2	60 + 89	
3	91 + 100			3	20 + 34	
4	20 + 104			4	179 + 70	
5	88 + 20			5	23 + 20	
6	23 + 20			6	50 + 120	
7	20 + 111			7	123 + 60	
8	167 + 100			8	30 + 30	
9	63 + 30			9	170 + 60	
10	150 + 150			10	200 + 40	
11	30 + 119			11	139 + 140	
12	20 + 24			12	68 + 40	
13	156 + 100			13	80 + 133	
14	110 + 172			14	29 + 20	
15	62 + 50			15	139 + 30	
16	100 + 143			16	20 + 18	
17	18 + 20			17	121 + 90	
18	176 + 120			18	30 + 30	
19	85 + 60			19	29 + 20	
20	40 + 158			20	40 + 174	

L.I- I can calculate the duration of time across the hour.

Listen to the direct teaching video on Seesaw.

Once you have watched the teaching video please complete the activities on Seesaw, below is an example.

Cuboids –

Walk to School Week
How Long Did It Take to Walk to School?

Each clock on the left shows the time when a child left for school. Each clock on the right shows the time when they arrived at school.

Work out how long it took each of them to get to school.

Cubes –

Walk to School Week Time Durations

I can use and interpret electronic and paper-based timetables and schedules to plan events and activities, and make time calculations as part of my planning. MNU 2-10a

1. Owen leaves his house at 8:40a.m. It takes him 15 minutes to walk to school. What time will he arrive at school?

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2. Nikki leaves her house at 8:25a.m. She walks 11 minutes to her friend's, Ben, house and then they walk together to school arriving at 8:58a.m. How long did it take Nikki to walk to school in total?

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3. Jonny arrived at school at 8:50a.m. If it took him 33 minutes to get to school, at what time did he leave his house?

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4. Yasar left home at 8:16a.m. It normally takes him 28 minutes to walk to school. However, he walked 5 minutes before he realised that he had forgotten his PE kit so he had to walk back to his house to get it. Will Yasar make it to school on time for it starting at 9am? What time will he arrive?

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5. Ashley arrived at school at 8:45a.m. It took her 37 minutes to walk to school. What time must she have left her house?

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6. Asaph goes to his school's breakfast club on a Friday at 8a.m. His mum normally drives him to school in 10 minutes. However, it takes double the amount of time to walk. During Walking to School Week Asaph decides to walk, what time did he need to leave to make it to Breakfast Club on time?

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Music

The 1960's is famous for some of the best music of all time. For your task today I would like you to research, music of the 60's. What bands, solo artist and songs do you like? Send me the link to some of your favourite songs on Seesaw.