

# P.7's Home Learning

Tuesday 2nd February 2021

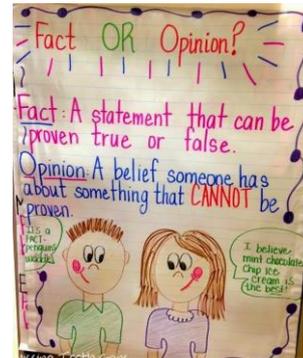
Good Morning Primary 7, I am so excited to have the opportunity to be working with you today. Please e-mail me at [gwl0mckayleean@glow.sch.uk](mailto:gwl0mckayleean@glow.sch.uk) with any questions that you may have about your learning today. I am looking forward to seeing all your wonderful work on Seesaw.

Mrs Scott

## Literacy: Reading – Facts and Opinions

Learning Intention - To describe the difference between a fact and an opinion.

Success Criteria - I can distinguish facts from opinions.  
I can create my own examples of facts and opinions.



There will be a powerpoint available on Seesaw to help explain facts and opinions. Please ensure that you watch this before you begin any of the activities.

These passages contain facts and opinions. Write them out in your Home Learning Jotter and underline/highlight the facts in one colour and the opinions in another colour.

Create a key to show which colour is which.

Key	
Fact	
Opinion	

### Passage 1

Thomas is the best runner in the class. James has won more races, but that's just because he's a fast runner. Thomas can run almost 15 kilometres! That's a really long way. I think the most exciting race was the one where Thomas overtook James right near the end.

### Passage 2

The jungle is a very dangerous place to visit. There are lots of poisonous bugs in the jungle, not to mention tigers, snakes and more. You should never visit the jungle unless you have all the proper safety equipment. Mosquito nets can help keep you safe from mosquito bites. Rope is a helpful thing to take, too.

### Challenge

Write your own paragraph about a topic of your choice and include some facts and opinions.

# Numeracy: Converting Time

L.1. – To convert 12 hour times into 24 hour times and vice versa.

0000 – 12:00 a.m.	1200 – 12:00 p.m.
0100 – 1:00 a.m.	1300 – 1:00 p.m.
0200 – 2:00 a.m.	1400 – 2:00 p.m.
0300 – 3:00 a.m.	1500 – 3:00 p.m.
0400 – 4:00 a.m.	1600 – 4:00 p.m.
0500 – 5:00 a.m.	1700 – 5:00 p.m.
0600 – 6:00 a.m.	1800 – 6:00 p.m.
0700 – 7:00 a.m.	1900 – 7:00 p.m.
0800 – 8:00 a.m.	2000 – 8:00 p.m.
0900 – 9:00 a.m.	2100 – 9:00 p.m.
1000 – 10:00 a.m.	2200 – 10:00 p.m.
1100 – 11:00 a.m.	2300 – 11:00 p.m.

There will be a powerpoint available on Seesaw to help explain converting time. Please ensure that you watch this before you begin any of the activities.

12-Hour Time	24-Hour Time	12-Hour Time	24-Hour Time
1:00 a.m.		12:00 p.m.	
2:00 a.m.		1:00 p.m.	
3:00 a.m.		2:00 p.m.	
4:00 a.m.		3:00 p.m.	
5:00 a.m.		4:00 p.m.	
6:00 a.m.		5:00 p.m.	
7:00 a.m.		6:00 p.m.	
8:00 a.m.		7:00 p.m.	
9:00 a.m.		8:00 p.m.	
10:00 a.m.		9:00 p.m.	
11:00 a.m.		10:00 p.m.	

3) Complete this table, filling in the missing times.

24-Hour Time	12-Hour Time
03:15	
	4:00 p.m.
	7:30 a.m.
18:45	
14:30	
	5:30 a.m.
	10:45 p.m.
17:30	
09:15	
	6:30 a.m.
22:30	

Challenge Task

Continue to develop your mental maths skills by playing 'Hit the Button' or 'Sumdog' each day.

## Topical Science

Watch BBC Newsround every day on CBBC at 9.15am, 12.10pm or 4.00pm or at <https://www.bbc.co.uk/newsround>



Create 5 questions to ask a family member about today's news report.



## Health & Wellbeing – Physical Education

Use your name to create your very own personalised workout. Why not get the rest of the family to join in. You could even use your spelling words to create some workouts.



Why don't you film your work out and post it on SeeSaw for me to see?

### SPELL YOUR NAME DO THE WORKOUT EVERY DAY

- |                             |                             |
|-----------------------------|-----------------------------|
| <b>A</b> - 10 PUSH UPS      | <b>N</b> - 5 SETS OF STAIRS |
| <b>B</b> - 1K JOG           | <b>O</b> - 20 LEG RAISES    |
| <b>C</b> - 10 SQUAT JUMPS   | <b>P</b> - 1 MIN PLANK      |
| <b>D</b> - 20 BURPEES       | <b>Q</b> - 30 STARJUMPS     |
| <b>E</b> - 10 SQUATS        | <b>R</b> - 2 MIN SKIPPING   |
| <b>F</b> - 20 STARJUMPS     | <b>S</b> - 20 BURPEES       |
| <b>G</b> - 20 LUNGES        | <b>T</b> - 30 SEC PLANK     |
| <b>H</b> - 1 MIN SKIPPING   | <b>U</b> - 15 SQUATS        |
| <b>I</b> - 45 SEC PLANK     | <b>V</b> - 15 PUSH UPS      |
| <b>J</b> - 3 SETS OF STAIRS | <b>W</b> - 20 SIT UPS       |
| <b>K</b> - 10 BURPEES       | <b>X</b> - 10 LUNGES        |
| <b>L</b> - 20 SQUATS        | <b>Y</b> - 20 SQUAT JUMPS   |
| <b>M</b> - 2 MIN PLANK      | <b>Z</b> - 2 MIN PLANK      |



